INSPIRING EXCELLENCE - ACHIEVING SUCC

SPORT TRAINING PROGRAM

Before and Afterschool Program – Open to all students

In 2024, Chatswood High School will continue the very popular and successful training program for Basketball, Volleyball, European Handball, Frisbee, Netball, Soccer and Touch football. Each session is run by a dedicated teacher or coach at school on a weekly basis. Sessions are aimed at improving student's skill levels as well as building stronger connections between students.

These training sessions are **free** and students are encouraged to attend as many training sessions as they can fit into their busy schedules.

Throughout the year, these trainings will be used to select knockout and representative teams who will represent Chatswood High School at a variety of tournaments. Information will be specified in the daily notices and school newsletter.

TAP (Talented Athlete Programs – Students must trial for these programs

In 2024, Chatswood High School will continue to provide our TAP Sports program for Basketball, Volleyball and Soccer. Each program is run by a specialised external coach who provides professional coaching for the students selected in the program.

Training sessions vary from one to two sessions per a week (please check timetable below).

Each program has a **cost** involved to cover the specialised coaching program and students must participate in a trial at the beginning of the year to be selected in the squad.

Mr Abernethy and Mr Harvey - Sports Organiser

2024 Sport Training Sessions

	Morning 7.40 - 8.40 am	Teacher	Afternoon 3.20 - 4.20	Teacher
Monday	Volleyball Club (MPC)	Mr Wajzer	Basketball Club (Outdoor Court)	Mr Abernethy
Tuesday	Girls Basketball Club (MPC – 8.00am Start)	Ms Tyrrell		
Wednesday	Under 15's Basketball Training (MPC)	Mr Abernethy		
	Touch Football Club (Oval)	Mr Yang/ Browne/ Chen		
Thursday	Netball Club (Outdoor Court)	Ms Cunneen	Soccer Club (School Oval)	Mr Yang
	Frisbee Club (Oval)	Mr Sun		
Friday	Touch Football Club (Oval)	Mr Yang/ Browne/ Chen		
	European Handball Club (MPC)	Mr Harvey		

2024 TAP Training Sessions

	Morning 7.30 - 8.30 am	Teacher	Afternoon 3.20 - 4.20	Teacher
Monday	TAP Soccer – Squad 1 (Oval)	Evo Soccer	TAP Volleyball – Squad 1	STV Volleyball
Tuesday	TAP Soccer – Squad 2 (Oval)	Evo Soccer		
	TAP Basketball – Squad 3 (MPC : 7am – 8am)	Basketball NSW		
Wednesday	TAP Soccer – Squad 3 (Oval)	Evo Soccer	TAP Volleyball – Squad 2	STV Volleyball
	TAP Basketball – Squad 2 (MPC : 7am – 8am)	Basketball NSW		
Thursday	TAP Basketball – Squad 1 (MPC : 7am – 8am)	Basketball NSW		
	TAP Football – Squad 1 (Oval)	Evo Soccer		
Friday	TAP Football – Squad 2 (Oval)	Evo Soccer	TAP Volleyball – Squad Mixed	STV Volleyball
	TAP Basketball – Squad 1 (MPC : 7am – 8am)	Basketball NSW		